

ANNUAL REPORT

Empowerment | Fun | Integrity | Safety | Service

Mission: Campus Recreation provides recreational experiences that inspire student success and lifelong well-being.

Vision: UH Campus Recreation aspires to create a culture of:
Engagement, by providing opportunities for involvement through the utilization of extraordinary facilities, programs, and services
Connection, by uniting individuals through recreational activities and programs to foster a sense of belonging
Learning, by creating experiential learning opportunities that meet the needs of the diverse UH community



Capital Projects

- CRWC Floor **Completed Fall 2024**
- Gertner Fence **Completed Jan 2024**
- Boiler Replacement **In Progress**
- CRWC Chiller & Cooling Tower **Design Phase**

HIGHLIGHTS



Cougar DanceSport
#3 National Ranking



New TeamBuilding program launched July 2024



Sport Clubs raised over \$35,000

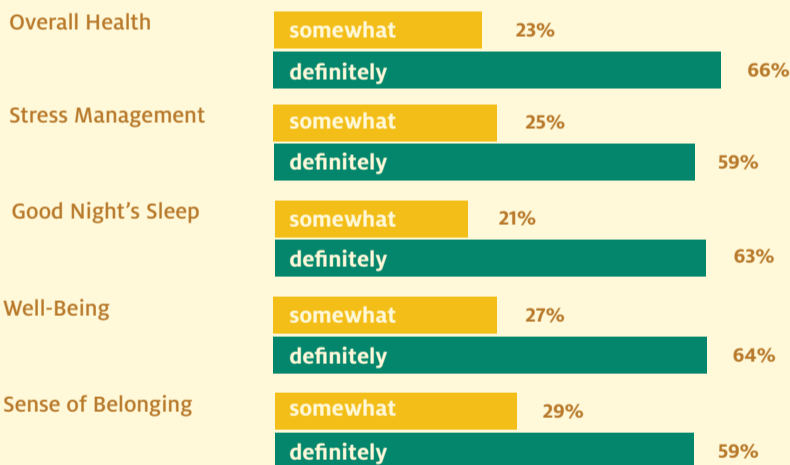


STEPtember 40 registrants
1,601,949 total steps



UH Powerlifting Nationals @Atlanta
Individual Champion
4 top - 20 lifters
Team placed 2nd Overall

From participation in Campus Recreation, I have improved...



"Overall the REC is an awesome space to stay active, de-stress and meet new people. It's a valuable part of my college experience."

"It has helped me get involved in social activities. Its a great having a place where you can go with any of your friends and enjoy various activities in one place."

"Campus Recreation has helped me become a better leader and has improved my teamwork abilities."

"I was fearful of water before swim lessons and the instructor helped me overcome that."

