

October 3, 2022

Check out upcoming events and deadlines for graduate and professional students. New items are in red and the online version is available <u>here</u> under newsletter archive.

Upcoming Professional Development

Graduate and Professional Student Welcome to Fall Event Next Week! Tuesday, October 11 from 3-6 pm, Butler Plaza (grassy area between M.D. Anderson library and Philip Guthrie Hoffman Hall). Stop by to pick up a free t-shirt, and assorted snacks (while supplies last) and enter a raffle for Amazon gift cards. Meet your Graduate and Professional Student Association Officers and chat with other graduate students from across campus!

The Graduate Student and Postdoc's Guide to Personal Finance (Virtual)

Are you ready to take the next step with your finances as a **graduate student receiving a stipend** or a postdoc? Do you want to learn how to allocate your money optimally, break the cycle of living paycheck to paycheck, increase your net worth even while in training, and properly report your income on your tax return? This webinar presents an 8-step framework to guide you from broke to financially secure to wealthy through saving, debt repayment, and investing and includes real-life examples of other graduate students and early-career PhDs finding financial success.

Date/Time: Monday, October 17, 6-8 pm CT via zoom

Presenter: Dr. Emily Roberts is a personal finance educator specializing in early-career PhDs. Through her business, Personal Finance for PhDs, she equips graduate students, postdocs, and PhDs with Real Jobs to make the most of their money. She gives seminars at universities and for associations; interviews graduate students and PhDs on her podcast; and creates courses and workshops on taxes, investing, and more.



Limited participants! Check your calendar and register here to reserve your spot!

Beyond your Graduate Degree: Getting Started with an Individual Development Plan (IDP) (virtual)

Through an IDP, you will assess your skills, strengths, and interests relative to your career goals, create a plan for developing skills to achieve your academic and career goals, communicate effectively with mentors about your skills and goals. Attend this workshop to learn about the different online IDP tools available to you to get started on this process. Register here. **Date/Time:** Friday, October 7, 1-2:15 pm via zoom

3MT Competition: Don't forget to <u>register</u> for the 2022 UH 3MT competition by **October 24**, **2022**! Preliminary/final rounds will be held on November 4/18, 2022 in the Student Center Theater. All participants will receive a free t-shirt and finalists will receive scholarship awards ranging from \$250-\$1000. Learn more about the UH 3MT competition <u>here</u> and also see the Sept. 24 training session <u>recording</u>.

Upcoming Deadlines

Graduating this semester? Don't forget to apply to graduate (available in my UH) by Friday, October 7, 2022. The late filing period is October 8-28, 2022. The fee is nonrefundable.

Cullen Fellowship Travel Grant: The <u>Cullen Fellowship Travel Grant (CFTG)</u> is accepting applications. The CFTG is a competitive fellowship program established to support graduate student travel to meetings, conferences, performances, and exhibits to showcase their research and scholarly work. The CFTG is open to all master's, doctorate, and professional students. Applications are due **October 14, 2022.**

Quick links to resources:

Cougar Cupboard
Counseling and Psychological Services (CAPS)
University Career Services
Graduate Student Ombuds

Go COOGS!