

# PATH INTERNSHIP PROGRAM



PAID  
INTERNSHIP



RECEIVE HEALTH AND  
NUTRITION TRAINING



APPLY NOW!

Deadline:  
**May 30, 2025**  
5 p.m.

Questions?  
Call (832) 842-5921  
or email  
[bounce@central.uh.edu](mailto:bounce@central.uh.edu).  
[bounce.uh.edu](http://bounce.uh.edu)

## DESCRIPTION

The PATH (Providing Advanced Training in Health) internship for UH, UHD, and HCC students seeks to develop the next generation of community nutrition and health programming professionals. The internship will a) teach entry-level skills to develop, deliver and evaluate a healthy lifestyle program and b) provide professional development training for careers in community nutrition and health professions.

## BENEFITS

Students will receive a \$4,000 stipend for completing 225 internship hours. If unable to complete 225 internship hours, students will receive a stipend calculated at \$17.75 per hour times number of completed internship hours.

## REQUIREMENTS

To be eligible for this internship, you must:

- Self-Identify as Hispanic or African American.
- Currently attend University of Houston, UH-Downtown or Houston Community College.
- Have a minimum overall GPA of 2.5.
- Be 18 years old or older.
- Have interest in community nutrition or health professions, or related field.
- Be willing and able to commit to the 15-20 week (225 hours) internship.
- Be willing and able to complete assessments to track internship progress and its impact on student community nutrition knowledge, skills, and career readiness.

## TO APPLY

1. Complete the eligibility checklist at <https://www.coe.uh.edu/wf/Path/checklist.cfm>
2. Complete the application.
3. Submit a resume.
4. Submit an unofficial transcript.
5. Submit two reference letters.
6. Write a 800-word essay that answers the following:
  - What are the reasons for wanting to participate in this internship?
  - Why do you think you are a suitable candidate for this internship?
  - How will this internship help you meet your career goals?

Note: Resume, unofficial transcript, and essay must be submitted in one PDF within the application. An interview with selected qualifying candidates will be conducted.



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