Anderson Food Pantry

Address: 1508 Gregg Street

Houston, TX - 77020 Phone: (713) 222-0373

Hours: 3rd Tuesday every month: 3pm- 4:30pm



Catholic Charities of the Archdiocese of Galveston-Houston

Address: 2900 Louisiana St.

Houston, TX 77006 Phone: 713-526-4611

Details: We provide food to families and individuals to self-sufficiency. As we help relieve the overwhelming stress that comes from the lack of basic needs, those in crisis are better able to work towards self-sufficiency.

East Spring Branch Food Pantry

Address: 7901 Westview Dr.

Houston, TX 77055 Phone: 713-464-0852

Hours: Monday: 11am-1pm

Tuesday: 11am-2pm

Thursday: 11am-2pm & 5pm-7pm

Saturday: 10am-12pm



Details:

Serves: Residents in zip codes 77024, 77040, 77043, 77055, 77080, or 77092.



Emergency Aid Coalition

Address: 5401 Fannin St.

Houston, TX 77004 Phone: 713-528-3663

Hours: Monday- Friday: 8:40am- 1pm

Sunday: 11am-1pm

Details: Sack lunch program, Clothing, food pantry.

Requirements: Need SS, birth certificate, proof of current address.

First Metropolitan Church

Address: 8870 West Sam Houston Pkwy N.

Houston, TX-77040 Phone: 713-983-7878

Hours: Tuesday-Thursday 9am-11am

1st & 3rd Saturday of each month 8am-11am

Details: Requirements: State ID. Need to register to pick up food.





Gulf Coast Community Services Association

Address: 9320 Kirby Dr.

Houston, TX 77054 Phone: 713-393-4700

Hours: Monday- Friday: 9am-12pm & 1pm-4pm

Details: Food pantry, call for referral, Food, mortgage, rent, and clothing,

Computer Literacy.

Heights Interfaith Ministries Food Pantry

Address: 35230 Beauchamp St.

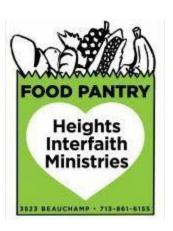
Houston, TX 77009 Phone: 713-861-6155

Hours: Thursday 5pm-7pm

Saturday: 10am-12pm

Details: Bring a photo ID and mail with current address. Serves

residents in the zip codes 77007, 77008 and 77009.





House of Amos

Address: 8030 Boone Rd. Houston, TX 77072 Phone: 281-495-9061

Details: Emergency Food Services, Educational Services, Immunizations, Referral, Resale Shop Services.

Houston Food Bank

Address: 535 Portwall Street

Houston, TX- 77029 Phone: (832)369-9390

Hours: Monday- Friday 3pm-8pm

Saturday: 9am-4pm

Mission: To help feed our neighbors in need.



Target Hunger – Food Distribution

Address: 1260 Shotwell Street

Houston, TX-77020 Phone: (832)767-1677

Details: Pantries serve eligible clients who reside in zip

codes77011, 77012, 77016, 77020, 77023, 77026, 77028,

77029, and 77078, once a month.



Secondmile

Address: 1135 Hwy 90A, Missouri City, TX 77489 Phone: (281)-261-9199

Hours: Monday-Thursday 10 am - 6:30 pm

Mission: Second Mile exists to love our neighbors by meeting physical needs and equipping them to lead a responsible life in Christ. To help feed our neighbors in need.



West Houston Assistance Ministries Food Pantry

Address: 10501 Meadowglen Ln.

Houston, TX –77042 Phone: 713-780-2727

Hours: Monday, Wednesday & Friday, 9:30am-1pm

Requirements: ID, Documents with current address. **limited food service is available for households residing OUTSIDE

zip codes 77042, 77057, 77063, 77072, 77077,

77082, or 77083



UNIVERSITY OF HOUSTON RESOURCES

1. Cougar Cupboard

- Address (located inside UH Wellness in the Campus Recreation and Wellness Center)
 - o 4500 University Dr. Houston, TX 77004
- Hours: Mondays- Wednesday & Friday: 1pm-6pm
- Signup: https://bit.ly/3bXcRwj
- Text: CUPBOARD to 71777

2. Campus Ministries Association

- Baptist Student Ministries
 - o Free Lunch 11am-2pm
 - o Center 4801 Calhoun Rd.
- Houston Canterbury & United Ministry Houston
 - o Free lunch 12pm-1pm
 - o A.D. Bruce Religion Center 2nd Floor Atrium
- Wesley Foundation
 - Dinner Workshop Host
 - o 5:30pm-7pm A.D. Bruce, 2nd Floor Small Chapel 201

3. AD Bruce Weekly Opportunities

• Visit https://www.uh.edu/adbruce/calendar/signature-events/free-food/ to see the schedule for a free meal available Monday-Friday.

4. PEEPS Pantry

- Pre-packaged bags of non-perishable foods for CURRENT UH Students
- Appointment signup: Access uh -> Navigate -> select appointment-> select PEEPS and complete form